

15th International Conference on

Orthopaedics, Arthroplasty and Arthroscopy

September 22, 2022 | Webinar

Received date: 27.05.2022 | Accepted date: 30.05.2022 | Published date: 22.09.2022



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A new way of hallux valgus fixation for early weightbearing? The European (GER-S-AUSS) stoffella osteomy for hallux valgus-case presentations

Hallux valgus (HV) is a valgus angulation of the first metatarsophalangeal (MTP) joint of the great toe. Hallux valgus is distinct from a bunion, which is an exostosis on the dorsomedial aspect of the first metatarsal (MT) head. The word bunion is derived from the Greek, bunio, and means turnip; better known is the meaning of the Latin derived hallux valgus, that roughly translates to "large toe with an outward angulation," but more informally as a "crooked big toe." Hallux valgus is also frequently painful and may both limit physical activities and create psychological distress for patients, depending on the severity of the deformity.

Recent Publications

- 1. BaroUK LS (1997) New osteotomies in the forefoot and their therapeutic role. In: Valtin B (ed) Cahiers denseignements de la SOFCOT. Paris Expansion Scientifique Française 4986
- 2. Kitaoka HI, Alexander R, Adelaar R, et al (1994) Clinical rating system for the ankle, hindfoot, midfoot, hallux, and lesser toes. Foot Ankle Int 15: 349–353
- Klein C, Zembsch A, Kiss H, Neumann D, Dorn U (2002) Inzidenz von avasculären Köpfchennekrosen und Pseudarthrosen nach subkapitaler Osteotomie I nach Stoffella. Orthop Praxis 38:766–770

Biography

Hans Joachim Pössel has completed his PhD in 2011 from Middleham University and postdoctoral studies at Heinrich-Heine-Universät Düsseldorf, School of Medicine. He is a senior consultant of Orthopaedic Surgery and Sports Medicine in Mediclinic Middle East, a top player in World Healthcare. He has published multiple papers in reputed journals and online and has been serving as an editorial board member of an Internet Based Journal.

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